

Introduction to Spirituality

(CC 115) Alternative Course

DVD0148

This class is also available online at [the link below](#).

https://www.youtube.com/watch?v=Zo_d_huURYA&list=PLiXbnyOXXRI6bqtu_YKtuG67JQ5crcqnU&index=14

Catechist Credit: 2.5 hours applies toward the *Advanced* or *Master Level* in Theology in the content area of Spirituality

You will need access to the following print materials:

Rohlheiser (O.M.I.), Ronald, “Hope and Concern: The Church and the Culture on the Eve of a New Millennium: A Lecture” – see *webpage address* below

“Christian Spirituality: Many Styles, One Spirit,” *Catholic Update*, Saint Anthony Messenger Press, Cincinnati OH

Complete following assignments:

- View the DVD of the in-class presentation “Introduction to Spirituality” (59 minutes)
- Read the copy of the *Catholic Update* article that is titled “Christian Spirituality: Many Styles, One Spirit”

For a few minutes, reflect on this question: ‘Which *style of spirituality* seems particularly helpful or meaningful to me, at this point in my life?’

- Next, read the essay “Hope and Concern: The Church and the Culture on the Eve of a New Millennium” – Rev. Ronald Rohlheiser, O.M.I.

An online version of the Rohlheiser piece can be located at the following:
http://www.ronrolheiser.com/common/pdf/hope_and_concern.pdf

- Type a minimum of 2 pages to summarize your learning from the reading and DVD. Include the following points:
 1. Identify and explain 3 to 5 key learnings you received from this course.
 2. How will these make a difference in your faith life?
 3. How might you use these key learnings in your ministry?

[Note: papers should be prepared in 12-point font, Times New Roman, double-spaced, with 1 inch margins on all four sides.]

Please send your reflection paper to the Office of Faith Formation, ff@archlou.org.